



LUNCH

Appetizers

WINGS \$12

Six wings served plain or tossed in sauce and accompanied with blue cheese and celery
Sauces: mild, buffalo, sweet red chili, or garlic parmesan

TENDERS \$12

Four crispy fried chicken tenders served plain or tossed in sauce and accompanied with blue cheese and celery
Sauces: mild, buffalo, sweet red chili, or garlic parmesan

NACHOS \$13

Tortilla chips, house-made chili, cheese sauce, jalapeños

PRETZEL \$9

A soft warm Bavarian pretzel served with a beer cheese sauce

POTSTICKERS \$11

Six pan seared chicken lemongrass potstickers served on a bed of Asian slaw with a side of light soy sauce

Light Affair

SLICED TOMATOES \$12

Chicken salad or tuna salad on sliced tomatoes with balsamic vinaigrette

OMELETTE \$15

3 farm fresh eggs with your choice of fillings and cheese served with a side of toast and fruit

OMELETTE FILLINGS

| | | | |
|---------|-------------------------|--------------------|--------------|
| Bacon | Shredded cheddar cheese | Spinach | Onion |
| Sausage | Mushrooms | Mixed bell peppers | Diced tomato |

Soups

SOUP DU JOUR

Cup: \$5 Bowl: \$7

CHILI

Cup: \$6 Bowl: \$8

SOUP & HALF SANDWICH

\$11

Choice of: BLT, chicken salad, tuna salad, turkey

SOUP TO GO

Half quart: \$12

Quart: \$17

Salads

HOUSE SALAD \$10

Fresh mixed greens with tomato, cucumber, carrot, and your choice of dressing

CAESAR SALAD \$10

Romaine, parmigiano, croutons, and caesar dressing

BUFFALO CHICKEN SALAD \$15

Chicken tenders tossed in a hot sauce served on a bed of romaine with cucumber, tomato, red onion, and shredded cheddar cheese

CHICKEN COBB \$16

Grilled chicken on a bed of romaine with avocado, hard-boiled egg, bacon, tomato, red onion, and gorgonzola crumble

Top any salad:

Grilled chicken - \$6

Chicken salad - \$6

Tuna salad - \$6

Grilled shrimp - \$11

Salmon - \$9

Dressings: balsamic vinaigrette, Caesar, citrus vinaigrette, blue cheese, Italian, ranch, oil and vinegar



LUNCH

The Deli Board

All sandwiches come with a choice of white, wheat, rye bread, or spinach wrap and a choice of french fries, coleslaw, fruit, or chips. Sub sweet potato fries for \$1

TUNA SALAD \$13

White albacore tuna mixed with thinly diced celery, sweet onion, and mayonnaise accompanied with lettuce and tomato

JR CLUB \$13

Lettuce, tomato, bacon, turkey, and mayonnaise

CHICKEN SALAD \$13

Chicken breast tossed with celery, raisins, almonds, and mayonnaise accompanied with lettuce and tomato

B.L.T \$13

Crispy applewood bacon, vine ripe tomatoes, and crispy leaf lettuce

KICK'N CHICKEN WRAP \$15

Chicken tenders tossed in hot sauce with romaine, diced tomatoes, cheddar cheese, and ranch dressing

CHICKEN CAESAR WRAP \$15

Delicious creamy Caesar salad with grilled chicken

Off The Grill

Choice of french fries, coleslaw, fruit, or chips. Sub sweet potato fries for \$1

CAPE CLUB BURGER \$16

Eight ounce certified Angus beef burger grilled to your liking accompanied by lettuce, tomato, red onion, and your choice of American, Swiss, cheddar, or provolone cheese

RUEBEN ON RYE \$14

Thinly sliced corned beef, melted Swiss cheese, sauerkraut, and thousand island dressing on griddled rye bread

BOGIE DOG \$11

Quarter pound all beef hot dog served on a freshly toasted bun with a side of diced onion, sauerkraut, and pickle relish upon request. Add chili and cheese for \$3

FISH TACOS \$18

Three grilled or blackened Mahi tacos on flour tortillas with shredded lettuce, fresh salsa, guacamole, Monterey Jack cheese, and a lime crema

CAPE CLUB CHICKEN \$15

Grilled chicken breast served on a warm Kaiser roll with cheddar cheese, cranberry honey mustard, lettuce, tomato, and red onion

ULTIMATE GRILLED CHEESE \$12

Griddled white bread with bacon and tomato, melted to perfection with cheddar, American, and Swiss cheeses

Pizzas

CHEESE PIZZA \$15

16 inch pizza with a house made tomato sauce and mozzarella

MARGHERITA \$15

Mozzarella, house made sauce, diced tomatoes, chiffonade basil

PEPPERONI PIZZA \$17

16 inch pizza with a house made tomato sauce, mozzarella, and pepperoni

Sides

French fries \$5

Chips \$2

Sweet potato fries \$6

Coleslaw \$3

Fresh fruit \$4